

## **TWH POWERLIFTING HISTORY**

### **Top Point Performer of the Year**

2003 - Caleb Rowton (21 points)  
2004 - Brad Canterbury (12 points)  
2005 - Chase Johnson (12 points)  
2006 - Ryan Clark (12 points)  
2007 - Zach Hohman (23 points)  
2008 - Matt Lee (20 points)  
2009 - Zach Hohman (36 points)  
2010 - Zach Hohman (35 points)  
2011 - Kevin O'Neil (15 points)  
2012 - Mitchell Fountain (22 points)  
2013 - Mitchell Fountain (28 points)  
2014 - Grayson Brown (29 points)  
2015 - AJ Ono (27 points)  
2016 - Gavin Webster (33 points)  
2017 - Gavin Webster (21 points)  
2018 - Grant Mountain (30 points)  
2019 - Branden Clay (28 points)  
2020 - Jared Ali (28 points)  
2021 - Logan Ecuyer (26 points)  
2022 - Daniel Gil (31 points)  
2023 - Cayden Clayton (24 points)  
2024 - Bethany Prior (33 points)  
2025 - Holly Mullins (29 points)

### **Freshman of the Year**

2003 - Ryan Cappolino  
2004 - Brad Canterbury  
2005 - Ryan Demny  
2006 - Trevor Owen  
2007 - Zach Hohman  
2008 - Matt Lee  
2009 - Caffery Penn  
2010 - Justin Hill  
2011 - Jim Williams  
2012 - Charlie Gordon  
2013 - Grayson Danner  
2014 - Gavin Webster  
2015 - AJ Ono  
2016 - Michael Hushka  
2017 - Bryeton Gilford  
2018 - Matt Provost  
2019 - Hank Hewgley  
2020 - Jerry Contreras  
2021 - Cayden Clayton  
2022 - Landon Arnold  
2023 - Logan Ha  
2024 - Alex Patry  
2025 - Baker Woodruff

### **Top 5 Regional Team Finishes (Boys)**

2014 - 3rd Place  
2015 - 4th Place  
2016 - 2nd Place  
2017 - 3rd Place  
2018 - 3rd Place  
2019 - 4th Place  
2020 - 3rd Place  
2021 - 1st Place  
2022 - 1st Place  
2024 - 1st Place  
2025 - 2nd Place

### **Top Ten State Team Finishes (Boys)**

2010 - 9th Place  
2014 - 7th Place  
2016 - 8th Place  
2017 - 6th Place  
2018 - 8th Place  
2022 - 7th Place  
2025 - 9th Place

### **Top 5 Regional Team Finishes (Girls)**

2024 - 3rd Place  
2025 - 5th Place