

TOP LIFTERS BY YEAR

2023

Light Platform

Squat - Macoy Noack (485, 148 lb class)
Bench - Macoy Noack (335, 148 lb class)
Dead Lift - Jerry Contreras (485, 148 lb class)
Overall - Macoy Noack (1280, 148 lb class)

Heavy Platform

Squat - Cayden Clayton (700, 220 lb class)
Bench - Cayden Clayton (415, 220 lb class)
Dead Lift - Cayden Clayton (575, 220 lb class)
Overall - Cayden Clayton (1665, 220 lb class)

2022

Light Platform

Squat - Daniel Gil (545, 148 lb class)
Bench - Daniel Gil (350, 148 lb class)
Dead Lift - Aiden Peterson (585, 165 lb class)
Overall - Daniel Gil (1395, 148 lb class)

Heavy Platform

Squat - Alex Martin (635, 220 lb class)
Bench - Andrew Larkworthy (405, 198 lb class)
Dead Lift - Andrew Larkworthy (545, 198 lb class)
Overall - Andrew Larkworthy (1535, 198 lb class)

2021

Light Platform

Squat - Daniel Gil (470, 148 lb class)
Bench - Daniel Gil (315, 148 lb class)
Dead Lift - Daniel Gil (485, 148 lb class)
Overall - Daniel Gil (1265, 148 lb class)

Heavy Platform

Squat - Logan Ecuyer (675, 242 lb class)
Bench - Logan Ecuyer (435, 242 lb class)
Dead Lift - Logan Ecuyer (650, 242 lb class)
Overall - Logan Ecuyer (1755, 242 lb class)

2020

Light Platform

Squat - Jared Ali (405, 123 lb class)
Bench - Daniel Gil (275, 148 lb class)
Dead Lift - Jared Ali (420, 123 lb class)
Overall - Jared Ali (1010, 123 lb class)

Heavy Platform

Squat - Logan Ecuyer (600, 220 lb class)
Bench - Logan Ecuyer (380, 242 lb class)
Dead Lift - Logan Ecuyer (575, 220 lb class)
Overall - Logan Ecuyer (1530, 220 lb class)

2019

Light Platform

Squat - Jared Ali (315, 114 lb class)
Bench - Kase Mitchell (200, 123 lb class)
Dead Lift - Jared Ali (355, 114 lb class)
Overall - Jared Ali (825, 114 lb class)

Heavy Platform

Squat - Taylor Lipsy (560, 181 lb class)
Bench - Nick McBride (360, 220 lb class)
Dead Lift - Branden Clay (630, 198 lb class)
Overall - Taylor Lipsy (1435, 181 lb class)

2018

Light Platform

Squat - AJ Ono (500, 132 lb class)
Bench - AJ Ono (300, 132 lb class)
Dead Lift - AJ Ono (485, 132 lb class)
Overall - AJ Ono (1270, 132 lb class)

Heavy Platform

Squat - Taylor Lipsy (505, 181 lb class)
Bench - Taylor Lipsy (340, 181 lb class)
Dead Lift - Branden Clay (540, 181 lb class)
Overall - Taylor Lipsy (1345, 181 lb class)

2017

Light Platform

Squat - Gavin Webster (585, 148 lb class)
Bench - Gavin Webster (350, 148 lb class)
Dead Lift - Gavin Webster (560, 148 lb class)
Overall - Gavin Webster (1475, 148 lb class)

Heavy Platform

Squat - Ali Jumili (550, 198 lb class)
Bench - Ian Irby (325, 181 lb class)
Dead Lift - Ali Jumili (565, 198 lb class)
Overall - Ali Jumili (1445, 198 lb class)

2016

Light Platform

Squat - Grayson Brown (525, 148 lb class)
Bench - Gavin Webster (320, 148 lb class)
Dead Lift - Gavin Webster (525, 148 lb class)
Overall - Gavin Webster (1380, 148 lb class)

Heavy Platform

Squat - Rene Troche-Baez (600, 242 lb class)
Bench - Hunter Madore (360, 242 lb class)
Dead Lift - Rene Troche-Baez (605, 242 lb class)
Overall - Rene Troche-Baez (1525, 242 lb class)

Light Platform

Squat - Grayson Brown (525, 148 lb class)
Bench - Zach Hawkins (305, 148 lb class)
Dead Lift - Gavin Webster (435, 132 lb class)
Overall - Grayson Brown (1285, 148 lb class)

Light Platform

Squat - Grayson Brown (475, 132 lb class)
Bench - Grayson Brown (230, 132 lb class)
Dead Lift - Grayson Brown (415, 132 lb class)
Overall - Grayson Brown (1120, 132 lb class)

Light Platform

Squat - Grayson Brown (370, 132 lb class)
Bench - Craig Collins (290, 148 lb class)
Dead Lift - Craig Collins (440, 148 lb class)
Overall - Craig Collins (1105, 148 lb class)

Light Platform

Squat - Caffery Penn (400, 132 lb class)
Bench - Caffery Penn (230, 132 lb class)
Dead Lift - Caffery Penn (425, 132 lb class)
Overall - Caffery Penn (1055, 132 lb class)

Light Platform

Squat - Caffery Penn (340, 132 lb class)
Bench - Caffery Penn (200, 132 lb class)
Dead Lift - Caffery Penn (385, 132 lb class)
Overall - Caffery Penn (915, 132 lb class)

Light Platform

Squat - Ryan Sweat (335, 123 lb class)
Bench - Ryan Sweat (180, 123 lb class)
Dead Lift - Ryan Sweat (355, 123 lb class)
Overall - Ryan Sweat (870, 123 lb class)

Light Platform

Squat - Zach Hohman (630, 165 class)
Bench - Zach Hohman (355, 165 class)
Dead Lift - Matt Lee (330, 114 class)
Overall - Zach Hohman (1470, 165 class)

Light Platform

Squat - Zach Hohman (540, 165 class)
Bench - Matt Starnes (250, 148 class)
Dead Lift - Matt Starnes (460, 148 class)
Overall - Matt Starnes (1140, 148 class)

2015

Heavy Platform

Squat - Rene Troche-Baez (510, 220 lb class)
Bench - Hunter Madore (305, 220 lb class)
Dead Lift - Rene Troche-Baez (585, 220 lb class)
Overall - Rene Troche-Baez (1370, 220 lb class)

2014

Heavy Platform

Squat - Mitchell Fountain (740, 220 lb class)
Bench - Mitchell Fountain (450, 220 lb class)
Dead Lift - Mitchell Fountain (735, 220 lb class)
Overall - Mitchell Fountain (1885, 220 lb class)

2013

Heavy Platform

Squat - Mitchell Fountain (680, 220 lb class)
Bench - Kevin Butts (465, SHW lb class)
Dead Lift - Mitchell Fountain (640, 220 lb class)
Overall - Mitchell Fountain (1710, 220 lb class)

2012

Heavy Platform

Squat - Mark Poteat (685, SHW lb class)
Bench - Michael Hodges (375, 220 lb class)
Dead Lift - Mitchell Fountain (600, 198 lb class)
Overall - Mitchell Fountain (1485, 198 lb class)

2011

Heavy Platform

Squat - Mark Poteat (600, SHW lb class)
Bench - Michael Hodges (320, 220 lb class)
Dead Lift - Michael Hodges (550, 220 lb class)
Overall - Michael Hodges (1385, 220 lb class)

2010

Heavy Platform

Squat - Zach Hohman (680, 181 lb class)
Bench - Zach Hohman (390, 181 lb class)
Dead Lift - Zach Hohman (515, 181 lb class)
Overall - Zach Hohman (1585, 181 lb class)

2009

Heavy Platform

Squat - Colin Renton (575, 220 lb class)
Bench - Brad Roberge (400, 242 lb class)
Dead Lift - Colin Renton (590, 220 lb class)
Overall - Colin Renton (1500, 220 lb class)

2008

Heavy Platform

Squat - Matt Ray (665, SHW lb class)
Bench - Colin Renton (295, 198 lb class)
Dead Lift - Colin Renton (570, 198 lb class)
Overall - Colin Renton (1405, 198 lb class)

Light Platform

Squat - Matt Starnes (450, 148 class)
Bench - Brad Canterbury (315, 165 class)
Dead Lift - Matt Starnes (425, 148 class)
Overall - Matt Starnes (1130, 148 class)

Light Platform

Squat - Mark Reis (400, 165 class)
Bench - Stephen Calhoun (280, 165 class)
Dead Lift - Colin Renton (425, 165 class)
Overall - Ryan Demny (950, 148 class)

Light Platform

Squat - Ryan Demny (310, 132 class)
Bench - Brad Canterbury (235, 148 class)
Dead Lift - Ryan Demny (325, 132 class)
Overall - Ryan Demny (820, 132 class)

Light Platform

Squat - Ryan Cappolino (315, 148 class)
Bench - Ryan Cappolino (245, 148 class)
Dead Lift - Ryan Cappolino (380, 148 class)
Overall - Ryan Cappolino (935, 148 class)

Light Platform

Squat - Chris Cabaniss (275, 148 class)
Bench - Ryan Cappolino (215, 148 class)
Dead Lift - Chris Cabaniss (355, 148 class)
Overall - Chris Cabaniss (810, 148 class)

2007

Heavy Platform

Squat - Tyle Johnson (520, 181 lb class)
Bench - Brad Roberge (305, 198 lb class)
Dead Lift - Colin Renton (490, 198 lb class)
Overall - Tyle Johnson (1195, 181 lb class)

2006

Heavy Platform

Squat - Tyle Johnson (500, 181 lb class)
Bench - Ryan Clark (325, 242 lb class)
Dead Lift - Van Mark Romero (530, 242 lb class)
Overall - Tyle Johnson (1175, 181 lb class)

2005

Heavy Platform

Squat - Matt Hinton (550, 275 lb class)
Bench - Matt Hinton (350, 275 lb class)
Dead Lift - Van Mark Romero (480, 220 lb class)
Overall - Matt Hinton (1410, 275 lb class)

2004

Heavy Platform

Squat - Austin Bider (560, 198 lb class)
Bench - Robert McDougal (340, 242 lb class)
Dead Lift - Alex Palmer (455, 198 lb class)
Overall - Austin Bider (1260, 198 lb class)

2003

Heavy Platform

Squat - Austin Bider (630, 198 lb class)
Bench - Caleb Rowton (520, 275 lb class)
Dead Lift - Caleb Rowton (650, 275 lb class)
Overall - Caleb Rowton (1845, 275 lb class)