

THE WOODLANDS POWERLIFTING MEET RECORDS

<u>114 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Benedict Santos	Splendora	340	2006
	Aaron Hernandez	Grand Oaks	340	2023
Bench	Aaron Hernandez	Grand Oaks	200	2023
Dead Lift	Darius Mallard	Navasota	340	2011
Total	Aaron Hernandez	Grand Oaks	875	2023

<u>123 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Bryce Wiley	The Woodlands	405	2024
Bench	Bryce Wiley	The Woodlands	235	2024
Dead Lift	Bryce Wiley	The Woodlands	455	2024
Total	Bryce Wiley	The Woodlands	1095	2024

<u>132 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Tank Nguyen	Conroe	480	2024
Bench	Santi Guerrero	The Woodlands	305	2025
Dead Lift	Edgar Benegas	Conroe	500	2017
Total	Tank Nguyen	Conroe	1215	2024

<u>148 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Daniel Gil	The Woodlands	535	2022
Bench	Caleb Henderson	Oak Ridge	345	2024
Dead Lift	Zerrick Merchant	A&M Consolidated	545	2012
	James Traylor	Montgomery	545	2018
Total	Riley Fougeron	College Park	1360	2025

<u>165 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Zach Hohman	The Woodlands	600	2009
Bench	Kaden McMillian	Montgomery	405	2025
Dead Lift	Derrick Cobbs	Dickinson	575	2020
Total	Alex Hunt	College Park	1445	2024

<u>181 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Zach Hohman	The Woodlands	680	2010
Bench	Jesse Rodgers	Grand Oaks	420	2024
Dead Lift	Cayden Clayton	The Woodlands	575	2024
Total	Cayden Clayton	The Woodlands	1630	2024

<u>198 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Austen Hernandez	Willis	665	2025
Bench	Jacob Gober	Willis	450	2024
Dead Lift	Ricky Francis	Beaumont Ozen	650	2009
	Perry Irchirl	College Park	650	2020
Total	Jacob Gober	Willis	1670	2024

<u>220 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Mitchell Fountain	The Woodlands	735	2014
Bench	Kaeden Cavnar	The Woodlands	455	2024
Dead Lift	Mitchell Fountain	The Woodlands	700	2014
Total	Mitchell Fountain	The Woodlands	1885	2014

<u>242 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Nick Perez	Oak Ridge	685	2024
Bench	Travis Kopeck	Grand Oaks	440	2025
Dead Lift	John Prescott	Beaumont Ozen	640	2009
	Logan Ecuyer	The Woodlands	640	2021
Total	Logan Ecuyer	The Woodlands	1730	2021

<u>275 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Nick Perez	Oak Ridge	790	2025
Bench	Nick Perez	Oak Ridge	525	2025
Dead Lift	William Yang	Grand Oaks	675	2023
Total	Nick Perez	Oak Ridge	1940	2025

<u>308 lb Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Mikal Fernandez	Cy Woods	740	2011
	Cobe Williams	College Park	740	2023
Bench	Cobe Williams	College Park	470	2023
Dead Lift	Markale White	Dickinson	625	2020
Total	Cobe Williams	College Park	1800	2023

<u>SHW Class</u>	<u>Name</u>	<u>School</u>	<u>Pounds</u>	<u>Year</u>
Squat	Marcus White	Dickinson	800	2020
Bench	Rema Nwosu	College Park	445	2025
Dead Lift	Rema Nwosu	College Park	610	2023
Total	Rema Nwosu	College Park	1815	2020